

WILDERLANDS



Welcome to Wilderlands

Rewilding, regeneration towards a Wild revolution

Wilderlands is a new project that promotes rewilding the land, but also people. It is inspired by nature, by the well being and beauty of falling in love with the wild.

Each weekend is an invitation to be at ease and relaxed together for a few days in beautiful nature. Our lives move so quickly, with something always to do — but, here, the aim is to leave the stress and hassle of everyday life behind; to relax into being in nature, being at peace, and being present together in this moment.

This land is a beautiful place, where the forests and wild meadows are brimming with life. If you watch and listen carefully you might hear the owls, or the call of crow at dusk, or the dawn chorus: and you could see the swoop of bats, the gliding of swallows, hobbies, red kites, or buzzards. And will you discover the deer secretly roaming through our ancient forest?

In essence, we are here to celebrate together. We are looking forward to a wild and beautiful weekend. We offer workshops, talks, music, stories and inspired learning in the hope that we each find our own unique exquisite offering that benefits all beings. With this in mind, Wilderlands is not a place to come and escape the world but is, instead, a place to *become* part of this natural world.

Here is an opportunity to let go of the need to be anybody, and to rest your body and mind in the splendour of Nature — remembering that the greatest gift, the greatest miracle, is simply the wonder of Life itself. We are here with our fantastic crew to make you feel at home in Wilderlands. Every team member hopes that you will have a wonderful time, and that we will meet again and again. Feel free to ask any member of the team if you need anything.

To find out more about what Wilderlands does apart from wild weekends visit:

www.wilderlands.co.uk

Down under the Oak tree there is the wonderful Vegan Red moon Roots organic vibe cafe in the field, serving delicious meals, cakes and more. There is an Ethical Clothing Boutique, selling beautifully crafted, raw cotton and wild wool clothing for men, women and children. Supporting small families of hand-makers in India and England. Opening Friday : 4 - 9. Saturday : 1 - 3 pm / 6:30 - 10 pm. Sunday : 12 to close

Simon Summers will be making a ceremonial mask of a Lynx in his Oak Clan Forge over the weekend as part of our rewilding project. Simon is a Heritage Blacksmith, Consultant and Experimental Archaeologist specialising in Celtic (Iron Age) La Tène Culture Repoussé and forge works. Simon is a Tutor of Ancient Iron Age Repoussé and Forge Works, Iron Smelting, and related subjects. Simon's research is focused on unlocking the meaning and the history of the artworks in early metalworks created by ancient Britons, Gaulish and Celtic smiths. He researches the shamanic roots of the Celtic religion and belief systems which honoured animal and human life, as well as the afterlife, the earth and the greater universe around us all - around us then and today. He will also be offering one to one sessions.

Metal objects from the Iron Age were practical and functional objects varying from jewellery to tools, weapons and items used for divination. Not only were they decorative, sacred, ritualistic and ceremonial treasures, such as; shields, masks, cauldrons or vessels, knives, swords and bronze mirrors etc. The creation of these objects was immersive, entwined with clear intention, respectful and embedded with understanding coming from a primal source, through using raw materials, such as metal ores. Born through the journey of alchemy these objects transformed from intention to workable and tangible solid metals. Such objects could then hold great significance and therefore honoured with ceremony and were either prizes processions in life, and the afterlife as burial goods or given as offerings of treasurable value to waters or the earth or to ancient Gods.

We have some great talks this weekend and activities, which will hopefully inspire us all to rise up for nature and wildlife in a way that we can all thrive together.

At the top of the meadow there is an info tent called Badger's Den. There are facilities for making hot drinks – tea, coffee and hot chocolate. There are snacks available including fruit, vegan and Gluten free varieties, plus Wilderlands T shirts, Charcoal for BBQ's. We also offer the following:

Phone charging (For a fee), First Aid, General Welfare
Lost & Found Property, Information, Programmes
Safeguarding for Found children (enhanced DBS & Safeguarding)

A quiet/safe place to sit either in or outside.

Hot water etc will be available from 8am until close - between 6-8 depending on how busy it is."

There are six workshop spaces: "Tiger's Nest", "Wolf Clan Cave" "Lynx's Lair" Kestrels Camp, Foxes Den, and Wise Owl woods. There are also compost loos, showers, a safe BBQ area and lots of space to camp. The estate is beautiful. Please make sure you go out to explore the woods, including the stunning giant Sequoia forest, and ancient rocks.. Make sure you bring cushions and shawls to workshops in case you want to fully submerge yourself in this moment.

There is the wonderful Missing Link Brewery across the field, which sells great crafts beers, soft drinks, ice creams, doughnuts and has street food trucks.

There is also The Enchanted Glade spa down in the Sequoia grove, offering massage, hot tubs and a sauna.

Covid:

On a practical level, we ask that you please read our covid policy on the website and respect everyone and their own boundaries. Give people space, please wash your hands and clean toilet and showers after use, to respect the next person coming along. There are no more than 30 people to gather at any one time until June 21st, Please respect this.

Rubbish: We ask that you please take home any rubbish that you bring or create. Our policy is to leave no trace and be aware of what we use. There are bin liners at Badger's Den and at the gate. Everyone here really, really appreciates your help with this.





Friday

Arrival from 4.

7-8

Meditation with Timaeon @ Tigers Nest

8-9

**Story around fire @ Wise Owl Woods
with Shane Ibbs**

9

**Music around Totem Pole Campfire
With Seize the Day
And Olivia Fern**

Saturday

9.00 – 10.00 am

Qigong with Simon **@ Wolf Clan Cave**

No nonsense: as close as authentic as you will get! Exercises to support health, plus martial arts and meditation

Meditation with Timaeon @ Tigers Nest

10 - 11

A View from the Commons with Neil Ansell @ Lynx's Lair

In his latest book, *The Circling Sky*, author Neil Ansell returns to his childhood haunts in the New Forest. This is the largest working commons in the country and in spite of being a working landscape, is an incredible reservoir of biodiversity. Before the Enclosure Acts, a third of England was common land and the forest gives us a glimpse of what by rights this country could look like if it was managed for the benefit of both people and nature together.

Neil Ansell has travelled in over fifty countries, written for the *Guardian*, the *New Statesman* and the *Big Issue*. He is an award winning television journalist with the BBC where he works in news and current affairs and contributes to nature programmes.

Hamish Hamilton published *Deep Country, Five Years in the Welsh Hills* to rave reviews. It is a book about staying still, about living a life that is the direct opposite of that experienced by most people in our urbanised, over peopled, technically advanced, globalized, ultra connected world. *Deer Island* followed with Little Toller, *The Last Wilderness* and then *The Circling Sky* with Tinder Press.

'A beautiful evocation of life in a forest and a powerful reminder of the interconnected fate of all wild things, including ourselves' Raynor Winn

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Drawing Inspiration from Nature with Yannick Dubois **@ Wolf Clan cave**

Parent and child workshop - exploring natural environments as a source of inspiration for visual art and nature-based creativity. Creative art-games to give parent and child quality time together.

Parent and child workshop - Trees are our friends: understand the language of trees through embodied nature-connection games. Parent and child quality time and bonding opportunity.

Blacksmithing at Oak Clan Forge **(going on throughout the weekend)**

Simon Summers is a Heritage Blacksmith, Consultant and Experimental Archaeologist specialising in Celtic (Iron Age) La Tène Culture Repoussé and forge works. Simon is a Tutor of Ancient Iron Age Repoussé and Forge Works, Iron Smelting, and related subjects.

Forging 1-2-1 immersive tuition - A Master Class

Simon is offering 1-2-1 workshops in elemental shamanic forge works. This is an introduction into using the elements: Air~ leather bellows to breath into the fire, Fire~ to change the shape of metal born from ore, Earth~ the hearth made from clay the vessel of the womb of creation, Water~ to quench the steel, setting the intention of the flowing grain within the iron, Spirit~ presents and skill of overseeing birthing of life into an object. Mindfully, you will create a small object to treasure using basic forging skills with 1-2-1 immersive tuition with a master of fire.

Sessions are 1-1.5 hours and need to be booked in advance through Simon: ssummers196@gmail.com or on arrival at Oak Clan Forge. The session price is £50, paid in advance. These can be booked for anytime during the weekend and is a unique added extra (Price includes 1 -1 tuition, plus use of tools and metals used etc).

Family crafts (for accompanied children) With Anu @Foxes Den

Anu is a story teller, weaver of tales and willow, spinner of words, wiggles and songs, sculptor of imaginations and mud.. You are welcome to our dreamtime craft sessions, where we allow ourselves to drop into the quiet realms of focused creativity.. connecting in with the simplicity of being and welcoming that which wishes to be created.

Each session will be slightly different, each having its own flavour, depending on the sun, the earth, the rain, the stars, and of course, you. It may be wool and willow weaving, it may be clay sculpting, it may be boggarts, goddesses, animals or dragons, it may be a weaving of sounds and ideas ... no-one really knows until our den is open!

We appreciate you arriving on time, so that we can journey together through the session. Please note that session is a phone off space (not just silent, but off please!)

Toddlers area @ Tigers Nest

Fun, games, face painting, glitter ... plus a clothes swap - come and share your clothes, shoes, jewellery, bags; and gain a new item in return! (If you would like an item but do not have anything to swap, please leave a donation towards the Wilderlands project.)

11.15 - 12.30

Wild Cordage - Wise Owl Woods with Rowan

Learn the art of making rope and string out of natural fibres and plant matter, used for thousands of years. We'll go on a walk to view and collect suitable plants, harvest and then learn simple techniques to make string.



Why Rebel with Jay Griffiths @ Lynx's Lair

Jay Griffiths will talk about her new book, *Why Rebel*, about extinctions and beauty and the laughing thrush and, above all, about love. 'I wish that everyone who said they believed in angels would actually believe in insects.'

Why Rebel? Because nature is not a hobby. It is the life on which we depend.

"Jay Griffiths is a dazzlingly original writer, a wordsmith of the first order. She writes like an angel: a funny, brave, passionate and sometimes naughty angel ...

Jay is a British writer and author of *Wild: An Elemental Journey*, *Pip Pip: A Sideways Look at Time*, *Anarchipelago*, *A Love Letter from a Stray Moon*, *Kith: The Riddle of the Childscape* and *Tristimania: A Diary of Manic Depression*. She won the Barnes & Noble Discover Award in 2002 for *Pip Pip*, the Orion Book Award in 2007 for *Wild*, and the Hay Festival's International Fellowship for 2015-16.

<http://www.jaygriffiths.com>

The Crown with Sophie & Marie @ Wolf Clan Cave

Forest Creatures costume workshop

Drop by and make your own stick wands and forest crowns out of materials found in the forest. A one hour workshop for under 7's and their grown ups

Toddlers area @ Tigers Nest



12 - 30 - 2.30

Birds of prey

Falcon Display - Sky Birds of Prey @Totem Pole (times may vary depending on birds - please be mindful of their needs!)

Meet Eagle Owls, Falcons, Hawks and more in this beautiful display of one of the oldest relationships between human and feathered friends. Ever wondered what it's like to be a Falconer? Get an insight into the beautiful world of falconry. The practice is believed to have its origins either in Mesopotamia, in the middle east, or in western Mongolia, in Asia about two thousand years before Rome became an empire! Though thought to have its origins as a practical form of hunting to provide food, falconry later developed into a noble pursuit.

1.30 -2.45

Do it Now! - Bringing back the Beaver with Derek Gow

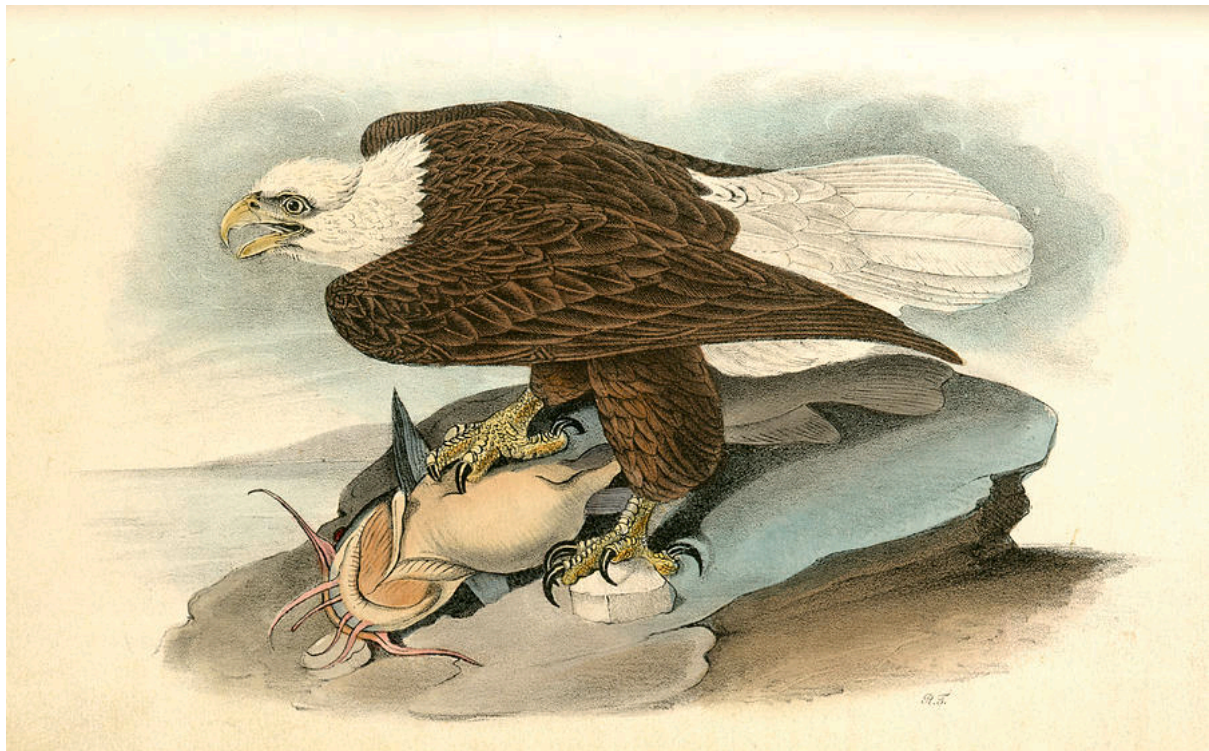
Derek Gow is a farmer and nature conservationist. Born in Dundee in 1965, he left school when he was 17 and worked in agriculture for five years. Inspired by the writing of Gerald Durrell, all of whose books he has read - thoroughly - he jumped at the chance to manage a European wildlife park in central Scotland in the late 1990s before moving on to develop two nature centres in England. He now lives with his children, Maysie and Kyle, on a 300-acre farm on the Devon/ Cornwall border which he is in the process of rewilding. Derek has played a significant role in the reintroduction of the Eurasian beaver, the water vole and the white stork in England. He is currently working on a reintroduction project for the wildcat.

Finding the Wildness within us
With Lottie Child @ Wolf Clan Cave

The generations will learn to adapt to this changing world together or not at all. What better way to start than for the younger generation to see us listening and learning from them?

This workshop is a playful, celebration of our creativity. It uses play, learning and story making to create 'techniques for nature connection'

Toddlers area @ Tigers Nest



2.45 - 3

Wilderlands A vision for a wilder world
A short talk on Wilderlands & Into the Wild
With Huw Wyn @ Lynxs Lair

3 - 4.15

What next for Extinction Rebellion - how do we move past the domination paradigm?

As the climate and ecological emergency speeds up we have, in the words of Dark Mountain's Dougal Hine, "the choice of more democracy or less". How do we stay together through the times to come, what would it look like to pledge ourselves to a new paradigm? Bring your ideas to this interaction session!

Dr Gail Bradbrook has been researching, planning and training for mass civil disobedience since 2010 and is a co-founder of the social movement Extinction Rebellion (XR) which rapidly spread internationally since its launch in October 2018. There are over 1150 XR groups in 75 countries. Gail has been arrested five times for acts of civil disobedience, including at the Department for Transport for breaking a window in a protest about HS2, wider government policy and lack of action on the climate and ecological emergency. She was recently arrested at Barclays bank in Stroud for breaking their window in an act evoking the suffragettes and subsequently raided in her home for "intending to cause loss and disruption to financial institutions". For these actions she faces a potential jail sentence of up to 10 years. Gail is a mother of two boys age 13 and 15, and has trained in molecular biophysics. Her talk on the science of the ecological crisis, the psychology of active participation and the need for civil disobedience has gone viral and been part of the inspiration for many to join XR. She is from Yorkshire, the daughter of a coal miner and was named as one of the top 50 influencers in the UK by GQ and honoured in a Womens Hour Power list for her part in instigating a rebellion for Climate and nature.

Toddlers area @ Tigers Nest

Over, under and around with Sophie & Marie @ Totem Pole

A movement session for young and old in the forest

What is the easiest way to sneak over cracking branches? Which jump fits which tree stump? How can we climb through the bushes without shaking the forest? And how can we make ourselves (almost) as tall as the trees? This workshop uses the forest as an obstacle course.

A one hour workshop for under 7's and their grown ups

4.30 - 5.45

Rewilding the World, Rewilding Ourselves'. **With Alan Watson Featherstone @ Lynxs Lair**

Founder of the award-winning conservation charity, Trees for Life, which works to restore the Caledonian Forest in the Scottish Highlands. Alan cares deeply about our planet, and has dedicated his life to protecting its biological diversity and sharing the beauty and wonders of the natural world through his photographs, talks and writing. Alan is passionate about rewilding and wildlife, he lives in Findhorn in the far North East of Scotland.

Lottie Child - Opening our senses and **deepening our relationship** **with the Woods @ Totem Pole**

with sound and mark making

How can we use our senses to explore what we perceive from the trees? What are the trees telling us?

Holotropic Breathwork with Timaeon @ Tigers Nest

Holotropic breathwork is an experience that can bring you into a deeper dimension of the present moment - a therapeutic breathing practice that is intended to help with emotional healing and personal growth.

Family crafts (for accompanied children) With Anu @Foxes Den

6 - 6.30

Peter Owen Jones

Conversations with Nature @ Lynxs Lair

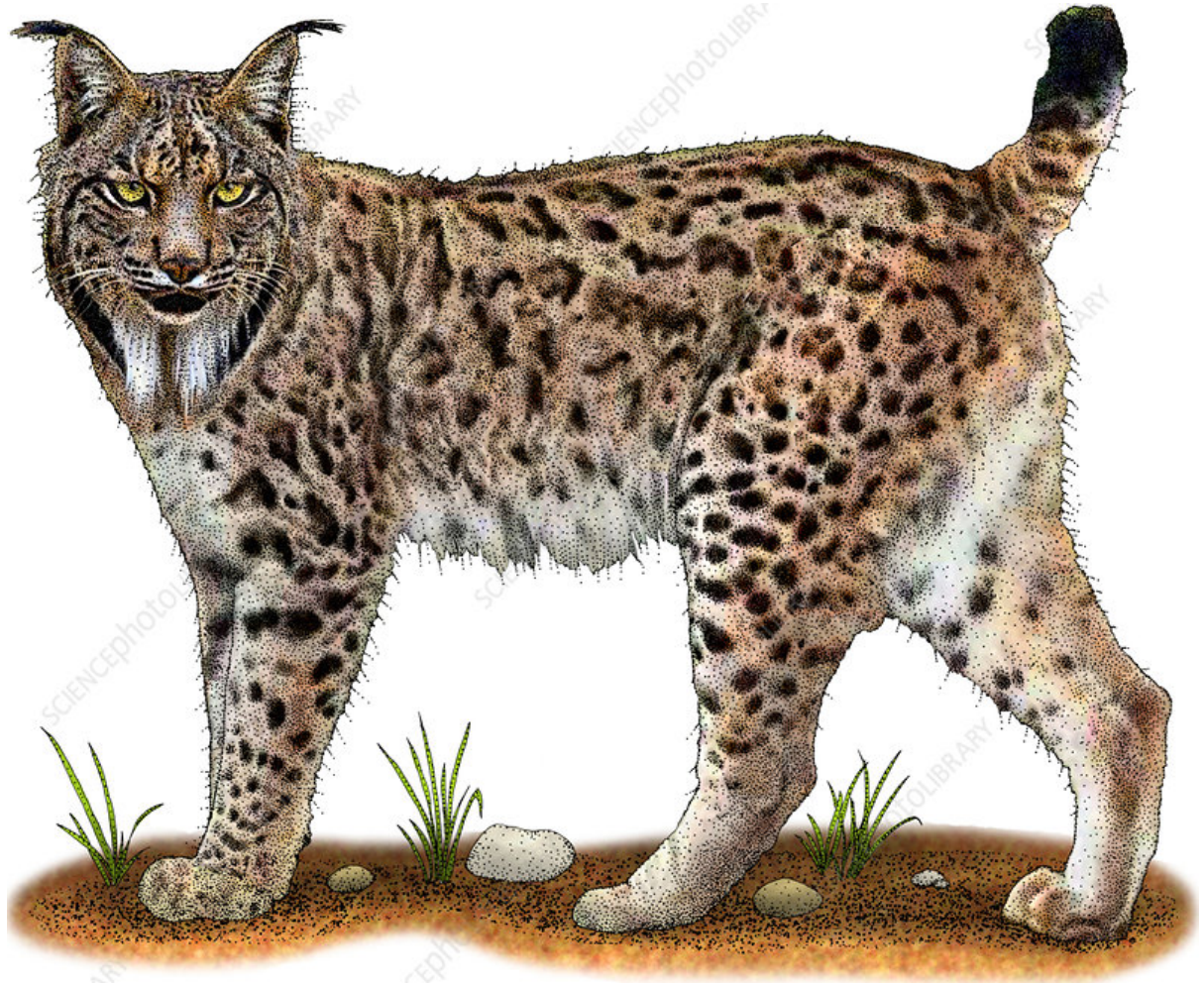
Peter Owen-Jones is an Anglican priest, author and TV presenter. He started life as a farm labourer and later gave up a career in advertising to follow a calling to the Anglican ministry. He has presented various BBC series, including: Around the World in 80 Faiths; [How to Live a Simple Life](#), in which he tried to follow in the footsteps of St. Francis of Assisi by turning his back on consumerism; and Extreme Pilgrim, in which he lived as a Chinese Buddhist monk, a Christian monk and an Indian ascetic. In 2000 with the Diocese of Ely he founded the Arbory Trust, which is to this date still the only Christian woodland burial site. He is an ardent environmentalist and the co-founder of the Life Cairn Project, memorials to commemorate all the species which have become extinct as a result of human activity.

7 - 8

Towards a wild revolution

A question and answer conversation with todays speakers

Hosted By James Murray White @ Lynxs Lair



8- 9

Wise Owl Woods. (If Rain Wolf Clan Cave)

Rewilding the soul. Stories and poetry with Ashley Ramsden

Music with Dirk Campbell

9 onwards

Totem Pole Campo Fire. (If Rain Wolf Clan Cave)

Music with Sam Lee

TEYR

Sunday

9.00 – 10.00 am

Qigong with Simon
@ Wolf Clan Cave

No nonsense: as close as authentic as you will get! Exercises to support health, plus martial arts and meditation

Meditation with Timaeon @ Tigers Nest

10 - 11.15

'Parents for a future?:
How loving our children can prevent climate collapse'.
DR Rupert Read @ Lynxs Lair

Dr. Rupert Read (former XR spokesperson) speaks on his most recent book: which is about how just loving our own children and drawing the consequences fully from that love would/will be enough to save the entire future. Be sure to join this session for a ferociously honest and gently provocative discussion about long-termism, about how the most personal decisions (e.g. about having children or not) are political... and about what needs to change for us to have a movement that can enable us to make it together through what is coming.

Tracking with Thomas Schorr Kon from Trackways @ Wolf Clan Cave

Learn ways to see the world with curiosity, awe and reverence; to see the complexity and simplicity of the natural world at the same time. Experience the time-honoured techniques of learning to read the landscape to locate animals and their lives, often hidden to us, but unfolding concurrently with those of humans.

Over, under and around with Sophie & Marie @ Totem Pole

A movement session for young and old in the forest

What is the easiest way to sneak over cracking branches? Which jump fits which tree stump? How can we climb through the bushes without shaking the forest? And how can we make ourselves (almost) as tall as the trees? This workshop uses the forest as an obstacle course.

A one hour workshop for under 7's and their grown ups

Family crafts (for accompanied children) With Anu @Foxes Den

Toddlers area @ Tigers Nest

11.30 - 12.45

Bird Language with Thomas @ Wolf Clan Cave

Discover the secret language of birds, how to interpret their calls and behaviour and how we can cause fewer disturbances in Nature and increase our animal encounters. This knowledge can translate into any natural environment .

Breathing through your feet with Alistair (2 hours, from age 14) meet @ Totem Pole

Come away to a hidden, magical glade, a short walk from the camping field. There you will learn practical techniques to cultivate a greater awareness of both the natural world, and your own inner world. And a greater sense of presence and wellbeing. We will modify traditional indigenous tracking techniques, and awareness and breathing practices, to take us on a journey into a deeper, embodied and sensuous connection with nature. You'll experience the world around you in ways that you probably never have before! There'll be time to

reflect of these experiences, discover the neuroscience behind them and how to apply them in nature and in everyday life.

Parent and child workshop with Yannick Dubois -

Trees are our friends: understand the language of trees through embodied nature-connection games. Parent and child quality time and bonding opportunity.

Family crafts (for accompanied children)

With Anu @Foxes Den

Toddlers area @ Tigers Nest



1 - 2

Nightingale with Sam Lee @ Lynx Lair

Sam Lee speaks about the transformative experience of collaborating with nightingales, the stories of ancestors passed through folk music, and the space for communion that is opened with silence.

Sam Lee is a Mercury Prize-nominated and BBC Folk Award-winning singer, conservationist and curator. Trained in fine art but with a lifelong passion for wilderness studies and nature connection, Sam is a folk music specialist dedicated to collecting, sharing and interpreting ancient oral music from Britain and Ireland. He has combined these interests through his 'Singing with Nightingales' annual springtime concert series.

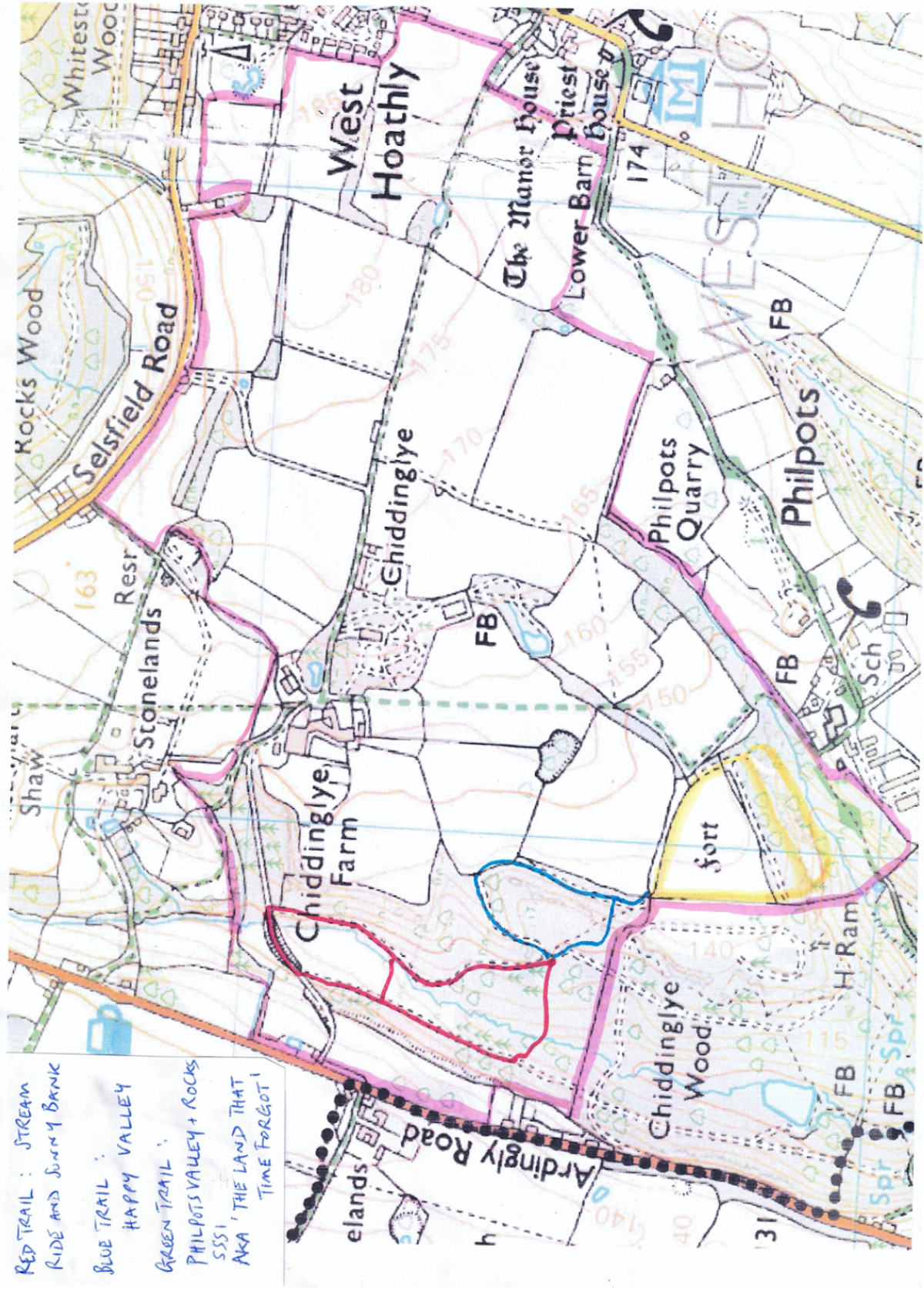
His singing has been heard in films and TV shows, from Guy Ritchie's *King Arthur: Legend of the Sword* to *Peaky Blinders*. Sam was musical director for the RSPB's 2019 Top 20 birdsong single, 'Let Nature Sing' and his 2020 album *Old Wow* garnered five-star reviews. He has lectured at Goldsmiths, SOAS and Oxford University and was the first folk singer to teach at the Royal College of Music.

2 onwards
Foraging Master Class with Fergus
(up to 3 hours) Meet @ Totem Pole

Fergus Drennan is a wild food experimentalist and educator, runs regular full day total immersion foraging courses for the general public and privately. He has written regularly on wild food and foraging for BBC Countryfile Magazine, The Ecologist, Country Kitchen, Bushcraft and Survival Skills Magazine, as well as contributing and/or featuring in many other magazines including most national newspapers. If you love foraging and want to dive deeper than ever, this is a must....

Time to explore the woods until we close
More TBC check at Badgers Den tent for any updates...





RED TRAIL : STREAM
RIDE AND JUMPY BANK

BLUE TRAIL :
HAPPY VALLEY

GREEN TRAIL :
PHILPOTS VALLEY + ROCKS
SSSI
AKA 'THE LAND THAT
TIME FORGOT'

MAY ALL BEINGS BE HAPPY!

